VISIT 1 – CHECKLIST

Participant ID # ____________ Visit Date ____________

☐ Study Consent completed
☐ PSI form completed
☐ REDCap entry completed

Review educational messages in the following protocols
☐ Asthma basics  ☐ Warning signs of asthma  ☐ What to do During an Asthma Attack
☐ Introduce You Can Control Asthma booklet
☐ Review appropriate You Can Control Asthma booklet pages (Pg 5-12)
☐ Introduce/Review concept of the Asthma Action Plan with family

Give family following handouts:
☐ Take Everyday Control Medications  ☐ Quick Relief Medications
☐ How to Clean Your HFA Inhaler  ☐ Priming and cleaning your HFA Inhaler

Mattress where child sleeps
Twin ☐  Full ☐  Queen ☐  King ☐  Mattress & pillow covering given  ☐ YES  ☐ NO

Flu Vaccination
☐ Give family the Flu Vaccination handout

Review key educational messages for:
☐ Dust Mites and Asthma  ☐ Pets and Asthma  ☐ Mold and Mildew
☐ Review appropriate You Can Control Asthma booklet pages (Pg 13-18)

Give family the following handouts:
☐ Goals for Getting Rid of Dust Mites  ☐ Goals for Cutting Down on Your Contact with Pets
☐ Safe Cleaning for People with Asthma  ☐ Clear Your Home of Asthma Triggers
☐ Seven Tips for Keeping a Healthy Home

☐ Complete Home Environmental Trigger Assessment Accompanied by Parent
☐ Develop an environmental action plan with parent
Suggested Activities for Parents/Caregivers before Next Visit

- Make a list of your child’s known asthma triggers
- Identify family actions to reduce triggers in the home.
- Review the YCCA pages for Visit 1 with child. (Pg 5-18)

List Problems Identified at Visit ONE

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Identified need for referral & follow up

☐ MLP ☐ Breath Easy

☐ Smoking Cessation Program ☐ Kid’s Fund

Visit Note /Follow Up/Recommendations

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VISIT 2 – CHECKLIST

Participant ID # ___________ Visit Date ___________

☐ REDCap entry completed

☐ PSI form (if not completed at Visit 1)

☐ Review educational messages from Visit 1

Review medications – Controller vs. Rescue (handouts provided at Visit 1)

☐ Take Everyday Control Medications

☐ Quick Relief Medications

☐ How to Clean Your HFA Inhaler

☐ Tips for Taking Your Medicine

☐ Review appropriate You Can Control Asthma booklet pages (Pg 25-33 & 37)

Asthma Action Plan

☐ Review the Asthma Action Plan with family

☐ Ask parent to explain how the Asthma Action Plan is used for daily control and management of asthma symptoms

☐ Demonstrates an understanding of how the Asthma Action Plan is used for daily control and Treatment of asthma symptoms

☐ Parent ☐ YES ☐ NO

☐ Child ☐ YES ☐ NO ☐ N/A

Review the key educational messages for:

☐ Environmental Tobacco Smoke

☐ Roaches and Asthma

☐ Rodents and Asthma

☐ Review appropriate You Can Control Asthma booklet pages (Pg 16-18)

Give family following handouts:

☐ Goals for Avoiding Exposure to Smoke

☐ Before You Light Up, Look Down Fact Sheet

☐ Want to Quit Smoking? (Only for families that say they want to quit smoking)
Give family the following items:

- Cleaning Tool Kit/ Pest Management Kit
- Safe Cleaning for People with Asthma handout

Suggested Activities for Parents/Caregivers before Next Visit

- Identify family actions to reduce triggers in the home
- Identify family actions to eliminate smoking in the home (if applicable)
- Review the You Can Control Asthma pages for Visit 2 with child. (Pg 16-18; 25-33 & 37)

Visit Note/Follow Up/Recommendations

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VISIT 3 – CHECKLIST

Participant ID # ___________  Visit Date ___________

☐ REDCap entry completed  ☐ Review educational messages from Visit 1 & 2

Parent recall of educational messages from Visits 1 & 2

☐ Excellent  ☐ Good  ☐ Fair  ☐ Re-education & reinforcement

Review key educational messages for:

☐ Warning Signs of Asthma  ☐ Medication Adherence

☐ Review appropriate You Can Control Asthma booklet pages (Pg 8-10 & 25-28)

Give family the following handouts:

☐ Using a Peak Flow Meter  ☐ How to Use an MDI Correctly
☐ How to Use a DPI Correctly  ☐ Nebulizer

Demonstrate the use of all appropriate devices

☐ MDI  ☐ DPI  ☐ Discus  ☐ Nebulizer  ☐ Spacer  ☐ Peak Flow Meter

Return demonstration by ☐ Parent  ☐ Child

Uses correct technique? ☐ YES  ☐ NO (if NO, repeat demonstration)

Asthma Action Plan

☐ Review Asthma Action Plan with family

☐ Ask parent to explain how the Asthma Action Plan is used for daily control and management of asthma symptoms

Demonstrates an understanding of how the Asthma Action Plan is used for daily control and to treat asthma symptoms

Parent  ☐ YES  ☐ NO  ☐  Child  ☐ YES  ☐ NO  ☐ N/A

Review educational messages in the following protocols

Roaches and Asthma Protocol ☐  Rodents and Asthma Protocol ☐

☐ Review appropriate You Can Control Asthma booklet pages (Pg 16-18)
Give family following handouts:

☐ Goals for Getting Rid of Cockroaches  ☐ Goals for Getting Rid of Mice & Rats

Give family the following items:

☐ Vacuum  OR  ☐ Swiffer mop

Suggested Activities for Parents/Caregivers before Next Visit

• Identify family actions to reduce triggers in the home
• Review the You Can Control Asthma pages for Visit 3 with child. Pg 8-10; 16-18 & 25-28

Visit Note/Follow Up/Recommendations

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VISIT 4 – CHECKLIST

Participant ID # ____________ Visit Date ____________

☐ REDcap entry completed  ☐ Review educational messages from Visit 1 - 2 & 3

Parent recall of educational messages from Visits 1 - 2 & 3

☐ Excellent  ☐ Good  ☐ Fair  ☐ Re-education & reinforcement

Review key educational messages for:

☐ Asthma basics  ☐ Warning signs of asthma
☐ What to do During an Asthma Attack  ☐ Take Everyday Control Medications
☐ Quick Relief Medications  ☐ How to Clean Your HFA Inhaler
☐ Tips for Taking Your Medicine  ☐ Medication Adherence
☐ Dust Mites and Asthma  ☐ Pets and Asthma
☐ Mold and Mildew  ☐ Goals for Avoiding Exposure to Smoke
☐ Goals for Getting Rid of Cockroaches  ☐ Goals for Getting Rid of Mice & Rats

Suggested Activities for Parents/Caregivers after participating in the NEW READY Study

• Keep Asthma Action Plan in a convenient location (refrigerator, inside kitchen cabinet door)
• Refer to Asthma Action Plan for daily management of asthma and control of asthma symptoms
• Schedule and keep regular follow up appointments with child’s primary care physician
• Call Primary Care Clinic and schedule an asthma visit if asthma symptoms last more than 2 days or are not relieved by rescue medication
• Continue to implement recommendations to eliminate, avoid and control asthma triggers
• Review You Can Control Asthma booklet for reinforcement of asthma education messages

*** Remind the family that you will be calling them in a couple of months to follow up on their child’s asthma. Following the call a $25.00 gift card to Stop & Shop will be mailed to them as a thank you for completing the study.

Visit Note/Follow Up/Recommendations

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